



SAMPURNA NGO
TOWARDS TOTAL DEVELOPMENT
(A NON-GOVERNMENTAL ORGANISATION)

ANNUAL REPORT
(2019-20)

13 APRIL 2019 ANNUAL ASSOCIATE MEMBERS MEETING

Agenda:

1. To read the previous (2018 - 2019) Annual Report.
2. To discuss the projects in detail
3. Annual subscription fee
4. Future Bal Sanskar Shivir and Mahila Shivir
5. Any other issue with the permission of the chair

The associate members of Sampurna registered in the last eight years (2010-18) were invited to attend the first meeting of the financial year 2019-2020. They were informed both by post and telephone. According to Tanvi Grover, Vice President, about 200 members confirmed their presence. The atmosphere was quite warm as the new and former members met each-other.

Dr Shobha Vijender welcomed the members and then Smt Asha Jain took charge of the further proceedings of the meeting. She read the annual report and then all the project coordinators described and explained about their respective projects

like Cutting and Tailoring, Embroidery Teaching, Cotton Bags Making, Basic Cosmetology, English Speaking, Mass Marriages, Awareness Camps and Health Camps, Recreation Center for Senior Citizens, and Family Counseling Center. The Senior Vice President requested the members to pay their subscription fee for the year 2019-2020.

Ms. Tanvi, Vice President, told the members about the annual events of Bal Sanskar Shivir and Mahila Shivir to be organized in the months of May and June. She requested the members to register themselves in the 40 days long camp where they could learn and teach many things simultaneously. The members asked several questions regarding their proposed active role in the organization which were diligently answered by Dr. Shobha Vijender. In the end, lemonade was served.

16 APRIL 2019

Meeting With Chairperson Of Bird Academy (NGO) To Find Out Employable Trades In Sampurna

Delegation of Sampurna met the Chairperson of ‘Bird Academy’ in New Delhi to propose a certificate course in tourism for the beneficiaries in Sampurna. A large number of beneficiaries were interested in joining a course in tourism to earn their livelihood. Radha Bhatia, Chairperson of Bird Academy briefed about the following courses:

- a) Certificate Course in Travel and Tourism,
- b) Combo of Airfares and Ticketing and Computerized Reservation System and Automated Ticketing,
- c) Tour Guiding Skills etc.

She also informed that these courses could be launched for 12th class students and people above 18 years.

The meeting was very successful. Bird Academy and Sampurna are ready to collaborate.

01 MAY 2019

Cotton Bags Awareness Generation Campaign

Dr Shobha Vijender, Founder President and Shashi Jain, General Secretary, went to Jain Temple situated in Sector-3, Rohini. A huge congregation of women belonging to Jain Community was there. Rashmi Ji Maharaj, the religious leader was there to deliver her religious discourse. We were welcomed by Rashmi Ji Maharaj. We sat there to listen to her speech and then she gave us time to address the gathering. Dr Shobha Vijender, in her short but impressive speech, talked about the importance of recycling the old clothes. She told about the Cotton Bag project run by Sampurna and requested the women present there to spread the message.

“To use Cotton bags, Say No to Plastic bags” was the slogan which was raised three times to register in the mind. Shashi Jain further said that the volunteers in Sampurna have been generating awareness through public meetings and camps in Group Housing Cooperative Societies of Rohini. Rashmi Ji Maharaj appreciated the work of Sampurna and gave her blessings to work more for women empowerment by making a healthy environment. Sampurna distributed cotton bags to the women in the end.

Agenda:

1. Past month programmes.
2. Bal Sanskar Shibir Schedule
3. Trained social worker certificate course
4. Courses to start with the Bird Academy
5. Creation of self-help group- awareness meeting
6. Any other issue with the permission of the chairperson.

Meeting started with the prayer. The associate members greeted each other after the prayer and Asha Jain, Senior Vice President welcomed the members. She briefed the members about the programs taking place in the Bal Sanskar Shibir. The 40 days long camp for children would be started from 20th May, 2019. Children will come for 4 hours every day to learn activities and moral education. According to her, Bal Sanskar Shibir aims at the children belonging to various backgrounds to mix with each other and learn how to adjust in society. The 40 days long camp would provide them with ample opportunity to intermingle and learn cultural activities of their own interest. Dance, drama, poem writing and recitation, music, speech, singing are some of the activities; children are going to learn in play way method. Final schedule was fixed for the Bal Sanskar Camp. Ms. Tanvi informed the members that registration process is going to begin soon for two courses which have been finalized in association with Bird Academy for the girls who have passed 12th class from CBSE. The letters to RWAs, Communities and slums of Rohini are being distributed to educate the masses about the courses with the instruction to first come, first serve basis. The trained social worker course is being planned to be organized in Sampurna

soon. All social workers are requested to join the course to be trained in day-to-day procedures relating to helping others.

Sampurna is running Cotton Bags project in Delhi and now the executive is planning to form a Self-Help group of at least 100 women beneficiaries to be trained in the project. Hence, Shashi Jain, the coordinator of Cotton Bags project is going to head the awareness project for Cotton Bags with the help of domestic workers in Rohini area. In the end, Dr. Shobha Vijender gave her valuable suggestions to reach more people through the members of Sampurna.

Tea and Pakoras were served in the end.

8 JUNE 2019

ASSOCIATE MEMBERS MEETING

Community Center, Sampurna, Rohini

Agenda: -

1. Intervention in Tanya Tyagi Case (Eve Teasing Case) and father murdered.
2. Inauguration of Bal Sanskar Shivir
3. Certificate Course for Trained Social Workers
4. Any other subject with the permission of the Chair.

Report by Vice President Asha Jain:

Sampurna intervened in Tanya Tyagi case of Basai Darapur. The Counselor Garima and President Dr. Shobha Vijender went to meet Tanya whose father, after being mercilessly murdered by the goons, succumbed to his injuries on the spot. Asha Jain

said that the case is being highlighted everywhere in Delhi and that is why sue motto is being taken by Sampurna. They met the D.C.P, family and neighbors of Tanya.

On 22nd May the 40 days long Bal Sanskar Shivir was inaugurated by lighting of lamp. All the members, beneficiaries and guests were present for the inaugural ceremony. Smt. Asha Jain shared that like earlier camps, this year too, Dance, Drama, Poems, Art and Craft, Cooking, Self Defense etc. would be included in the camp. Sweets were distributed after lighting the lamp.

Asha Jain further informed the workers that a 'Trained Social Worker' course was introduced in Sampurna. More than 50 delegates from all over Delhi came to be trained in various practices of social works. The program was organized under the banner of 'Sampurna Women'. The trained social workers from leading NGOs and Govt bodies were the Speakers. According to Asha Jain, the certificate course was the grand success. In the end, on 9th June, the certificates were issued to the members who participated in the 3 days course. All were jubilant and getting the certificate was like a dream come true for them. In the end, associate members were greeted and requested to have tea.

13 JULY 2019

ASSOCIATE MEMBERS MEETING

Agenda of the Meeting: -

1. Pre-marital counseling workshop
2. Meeting with the owners of the Boutiques
3. Feedback on the valedictory function of Bal Sanskar Shivir
4. Program with Sakha NGO to motivate children
5. Any other issue with the permission of the chair

Dr. Shobha Vijender told the associate members that the results of Pre-marital Counseling Workshop are not up to the mark. Hence, more people are to be made aware about the facility of such workshops to be conducted in future. Similarly, the Razapur Centre is a very famous and old center in Delhi. The President wanted that every boutique should be taken in the loop to associate them in our Cotton Bags Project. According to her, they throw their waste material to the dumping grounds but Sampurna could best utilize this for Cotton Bags purposes. All the associate members ensured the President that they would go to their neighborhood to talk to the owner of the boutiques for this yeoman purpose.

The President further requested Senior Vice President Asha Jain to present a report on Bal Sanskar Shibir valedictory function on 28th June, 2019. She said that valedictory function was a huge success. The area MLA, Vijender Gupta and MP Hans Raj Hans Ji were the chief guests. The program had dance, drama, songs, poems and ground Exhibition about the projects the children have learned in 40 days long camp. The presentation of children in English Play was excellent. She also appreciated the role of the volunteers and trainers who taught various activities to children. Afterwards, she talked about the contract with SAKHA NGO for motivating children to learn more.

Tea was served in the end.

10 AUGUST 2019

ASSOCIATE MEMBERS MEETING

Agenda of the Meeting:

1. Mom's Special Dance Competition
2. Cotton Bags Project

3. Beautician Teacher interview
4. New Admission for ITC Classes
5. Any other issue with the permission of the Chairperson

The Associate Meeting started with the song of Sampurna- "*ITNI SHAKTI HAME DENA DATA*" and later all the teachers/Counselors/Instructors gave their monthly report about their project. It was appreciated by the members as it was decided in the last meeting that all project coordinators should report about the progress of projects on monthly basis so that associate members could have proper understanding about the projects. Shashi Jain, the convener of Sampurna Mom's Dance Competition informed the members that 36 entries were there for the 14th August Competition. All arrangements had been done regarding the function which had been told by the convener. She further said that participants are really excited to participate in the programme and all thanked Sampurna for giving the platform to those housewives who have never got such an opportunity in the past. She also said that 1000 cotton bags will be distributed to the patients of Dr Baba Sahib Ambedkar Hospital and that Sampurna is making every effort to further extend this project.

Asha Jain, the Senior Vice President wanted that Beautician Teacher should be replaced and informed that 5 candidates had applied for the post. Hence, we need to interview and so, 13th August was fixed for the interview.

Anchal Dahiya, Member of Sampurna shoulders the responsibility of ITC (Industrial Training Center) told the members that new admission will take place soon and thus every member should inform about the admissions in their neighborhood.

Dr Shobha Vijender thanked everyone for coming and sharing in the meeting.

Tea and samosas were served to everyone in the end.

30 AUGUST 2019

INAUGURATION PROGRAM

सम्पूर्ण सामाजिक संस्था की एक और शाखा का उद्घाटन रोहिणी के सेक्टर 18 में डॉ. शोभा विजेंद्र द्वारा किया गया। उद्घाटन कार्यक्रम के अवसर पर सेक्टर 18 की महिलाओं ने बड़ी संभ्या में भाग लिया। इस दौरान डॉ. शोभा विजेंद्र ने महिलाओं को संबोधित करते हुए कहा कि सम्पूर्ण पिछले 5 वर्षों से "मेरा बैग-मेरा सम्मान" अभियान के माध्यम से दिल्ली के लोगों को प्लास्टिक से बने बैग का बहिष्कार करने और कपड़े से बने बैग का उपयोग करने के लिए जागरूक कर रही है। उन्होंने बताया कि माननीय प्रधानमंत्री जी द्वारा स्वतंत्रता दिवस के अवसर पर लाल किले की प्राचीर से कपड़े से बने बैग का ज्यादा से ज्यादा प्रयोग करने के लिए आह्वान किया गया है। इसलिए सम्पूर्ण ने भी अपने अभियान "मेरा बैग-मेरा सम्मान" की गति और क्षेत्र दोनों बढ़ा दिए हैं।

डॉ. शोभा विजेंद्र कहा कि अब सम्पूर्ण केवल दिल्ली ही नहीं बल्कि पूरे देश में इस अभियान के साथ आगे बढ़ेगी और देश को प्लास्टिक के बैग से मुक्त करके ही दम लेगी। सम्पूर्ण द्वारा



सेक्टर 18 में एक ओर नई शाखा का उद्घाटन करके इस यात्रा की शुरुआत कर दी गई है। इन शाखाओं के माध्यम से सम्पूर्ण एक ओर तो कपड़े के बैग बनाएगी और देश को प्लास्टिक के बैग से मुक्ति दिलवाएगी तथा दूसरी ओर इन शाखाओं में महिलाओं को कपड़े के बैग बनाने का काम देकर उनको रोजगार मुहैया कराएगी जो महिला सशक्तिकरण की दिशा में भी एक महत्वपूर्ण कदम साबित होगा।

डॉ. शोभा विजेंद्र ने वहां उपस्थित सभी बहनों को आग्रह किया कि वे सभी अपने घरों से पुराने कपड़े या ऐसे कपड़े जिनका वह प्रयोग नहीं करेंगी, सम्पूर्ण में दान करें ताकि उनसे बैग बनाए जा सकें और सभी महिलाएं स्वयं भी अपने आस-पास के क्षेत्र में प्लास्टिक के बैग का बहिष्कार करने और कपड़े के बैग का प्रयोग करने के लिए जागरूक करें। इस अवसर पर सम्पूर्ण के सहयोग के लिए शशि जैन, आँचल दहिया, तन्वी ग्रोवर, नेहा अग्रवाल व रेखा भी मौजूद रही।

30 AUGUST 2019

मेरा बैग-मेरा सम्मान, दिल्ली स्कूल आदर्श शौचालय मिशन और प्लास्टिक मुक्त दिल्ली अभियान को लेकर बैठक

सम्पूर्ण संस्था की संस्थापिका अध्यक्षा डॉ. शोभा विजेंद्र ने पिछले 5 वर्षों से चलाए जा रहे अभियान "मेरा बैग-मेरा सम्मान" और "दिल्ली स्कूल आदर्श शौचालय मिशन" का कार्यक्षेत्र और गति बढ़ाने का निर्णय लिया है। इसी को लेकर उन्होंने और सम्पूर्ण की टीम ने करावल नगर के विधायक श्री कपिल मिश्रा और भाजपा के नवीन शाहदरा जिले के जिलाध्यक्ष श्री कैलाश जैन के साथ एक अहम बैठक गई।

डॉ. शोभा विजेंद्र ने "मेरा बैग-मेरा सम्मान" अभियान के द्वारा प्लास्टिक के बैगों का बहिष्कार करने और कपड़े से बने बैग का उपयोग करने को लेकर दिल्ली के अलग-अलग क्षेत्रों में जागरूकता रैली निकालने का निर्णय किया है। रैली की शुरुआत करावल नगर विधानसभा से की जाएगी। उन्होंने बताया कि जागरूकता रैली को लेकर करावल नगर के विधायक श्री कपिल मिश्रा ने भी अपना हर सम्भव सहयोग करने का आश्वासन दिया है और कहा है कि यह अभियान माननीय प्रधानमंत्री श्री नरेंद्र मोदी जी के आहान को भी आगे बढ़ाने का काम कर



करेगा। उन्होंने कहा कि वे सम्पूर्ण संस्था के साथ मिलकर राष्ट्रपिता महात्मा गांधी जी के "स्वच्छ भारत" के सपने को साकार करने का काम करेंगे।

जिला अध्यक्ष श्री कैलाश जैन ने कहा कि वे सम्पूर्ण के इस अभियान से पिछले 5 वर्षों से जुड़े हुए हैं और वे अब सम्पूर्ण के अभियान को देशव्यापी अभियान बनाकर रहेंगे।

डॉ. शोभा विजेंद्र ने कहा कि हम इस अभियान को केवल कुछ बड़े लोगों तक ही सीमित नहीं रखेंगे बल्कि करावल नगर विधानसभा के प्रत्येक घर तक पहुंचाएंगे। हम सब जागरूकता रैली को करावल नगर विधानसभा के प्रत्येक घर तक लेकर जाएंगे और प्लास्टिक बैगों का बहिष्कार करने और कपड़े के बैगों का प्रयोग करने के लिए प्रेरित करेंगे। बैठक में विधायक कपिल मिश्रा, जिलाध्यक्ष कैलाश जैन तथा सम्पूर्ण की टीम के सदस्य आनंद दहिया और शिवानी गौतम भी उपस्थित रहे।

Agenda of the Meeting:

1. Cleanliness Drive by Sampurna
2. Renewal of Mom's Special Dance Programme
3. Future Programmes of Sampurna
4. Any other point with the permission of the Chairperson

The meeting of Associate Members is a monthly feature of Sampurna. Today, Dr Shobha Vijender, President took the charge of the meeting as Chairperson. In her welcome speech, she spoke to the members about their contributions in the growth of Sampurna since its inception. She gave them a very warm welcome.

Later, she talked about the successful cleanliness drive initiated by Sampurna. More than 40 Co-operative Societies were touched by Sampurna in sixth months to motivate the residents about segregation of garbage, Solar panels, Water Harvesting and making Cotton Bags out of old clothes. People have started taking a lot of interest in the cotton bag project and some of the societies have started taking the project of segregation of garbage. The Vice President Smt Asha Jain supported and congratulated the team of volunteers who are working on this project. Everybody appreciated their efforts as volunteers of Sampurna.

Asha Jain also apprised everyone the efforts of team which organized Mom's special on 14th August in Ashirwad Banquet Hall. Dr Shobha Vijender then told the members to take more projects on environment and cleanliness in Delhi. Afterwards, some other programmes were discussed in detail by the members to be done in coming months. After this discussion the meeting came to an end.

Tea and samosa were served to everyone.

7 SEPTEMBER 2019

"प्लास्टिक मुक्त रोहिणी" कार्यक्रम

आज सामाजिक संस्था सम्पूर्णा द्वारा राष्ट्रपिता महात्मा गांधी जी के "स्वच्छ-भारत" के सपने को साकार करने के लिए "प्लास्टिक मुक्त दिल्ली" अभियान की शुरुआत की गई। यह अभियान पूरी दिल्ली में विधानसभा स्तर पर चलाया जाएगा एवं इसकी शुरुआत रोहिणी में "प्लास्टिक मुक्त रोहिणी" कार्यक्रम करके की गई। कार्यक्रम में रोहिणी के स्थानीय लोगों ने बड़ी संख्या अपने-अपने घरों से पुराने कपड़े लेकर पहुंचे। सम्पूर्णा की बहनें इन कपड़ों से बैग बनाकर देंगी ताकि रोहिणी को प्लास्टिक के थैलों से छुटकारा मिल सके।

कार्यक्रम में नेता प्रतिपक्ष दिल्ली श्री विजेंद्र गुप्ता ने भी शिरकत की। उन्होंने कहा कि मुझे खुशी है कि इस अभियान की शुरुआत मेरे विधानसभा क्षेत्र से हो रही है। मैं स्वयं इस अभियान का हिस्सा बनकर दिल्ली को प्लास्टिक मुक्त करने में हर संभव सहयोग करूँगा। उन्होंने उपस्थित जनसमूह से आग्रह किया कि 14 से 17 सितम्बर तक मोदी जी के जन्मदिन के अवसर पर चलने वाले सेवा कार्यक्रम में भी आप सभी लोग हिस्सा लें।



इसके तुरंत बाद ही रोहिणी जोन चेयरमैन श्री मनीष चौधरी जी भी कार्यक्रम में पहुँचे और उन्होंने बताया कि हम अपने क्षेत्र में ज्यादातर प्लास्टिक की थैलियां बनाने वाली फैक्ट्रियों को सील करने का कार्य कर चुके हैं। मैं अपने सभी विभागों को भी "प्लास्टिक मुक्त दिल्ली" अभियान में बढ़-चढ़कर हिस्सा लेने के लिए प्रेरित करूँगा।

कार्यक्रम में उपस्थितजनों ने प्लास्टिक की वस्तुओं का उपयोग कम करने और भविष्य में प्लास्टिक के थैला का प्रयोग न करने की शपथ ली और तरह-तरह के सुझाव भी दिए। निगम पार्षद चित्रा अग्रवाल अपने घरों में खराब पड़े अँखबार से लिफाफे बनाकर भी हम उनका प्रयोग प्लास्टिक बैग के स्थान पर सुझाव दिया और उन्होंने कहा कि इसी तरह हमें चाय के लिए प्लास्टिक के स्थान पर स्टील या कांच के बर्तनों के प्रयोग पर बल देना चाहिए।

सम्पूर्ण संस्थापिका डॉ. शोभा विजेंद्र ने कहा कि माननीय प्रधानमंत्री जी के आह्वान के बाद सम्पूर्ण संस्था की पूरी टीम बहुत उत्साहित है और गर्वित भी है कि हम यह अभियान पिछले 5 वर्षों से चला रहे हैं। इसलिए अब सम्पूर्ण संस्था ने इस अभियान का क्षेत्र बढ़ाने का निर्णय लिया है। अब हम प्लास्टिक मुक्त

दिल्ली से लेकर प्लास्टिक मुक्त भारत के विजन के साथ आगे बढ़ रहे हैं। श्री विजय मलिक और श्रीमती रिचा अनिरुद्ध भी कार्यक्रम में उपस्थित रहे। कार्यक्रम की समाप्ति पर सभी ने चाय ली।

17 SEPTEMBER 2019

सम्पूर्ण स्वयंसेवकों ने आवासीय कल्याण समितियों (आर.डब्ल्यूए) के साथ मिलकर प्रधानमंत्री मोदी जी के जन्मदिवस पर भारत को प्लास्टिक मुक्त बनाने की ली शपथ

आज मोदी जी के जन्मदिवस के उपलक्ष्य में शुरू हुए सेवा सप्ताह के अंतर्गत डी डी ए मार्किट, सेक्टर 18, व्यापक स्वस्थ पर्यावरण अभियान चलाया। डॉ शोभा विजेंद्र, संपूर्ण संस्थापिका ने मार्केट के सभी दुकानदारों भाइयों को प्लास्टिक मुक्त अभियान की जानकारी दी। जिसमें उन्होंने एकल उपयोग प्लास्टिक थैली का इस्तेमाल बंद कर कपड़े से बने थैले का इस्तेमाल करने के लिए दुकानदार भाइयों प्रेरित किया।

दुकानदार भाइयों से उपरोक्त विषय पर चर्चा करते हुए करते हुए कहा कि अब समय आ गया है कि जब दिल्ली के पर्यावरण को सुरक्षित बनाने हेतु कुड़े के ढेरों को कम करना होगा। उन्होंने कहा कि जनसंख्या के बढ़ने के साथ-साथ देश में जहरीले प्लास्टिक का उपयोग भी बढ़ता ही जा रहा है। इससे पूरा वातावरण विषाक्त होता जा रहा है। उन्होंने सम्पूर्ण का हवाला देते हुए कहा कि संस्था के माध्यम से घरों के पुराने और अनउपयोगी कपड़ों से थैले, मोबाइल कवर, रसोई में काम आने वाले डस्टर, दरियां और अन्य उपयोगी वस्तुएं लगातार बनाई जा रही हैं। आज वह सेक्टर-18 की इस बड़ी मार्केट में दुकानदार भाइयों से यह अनुरोध करने आई हैं कि वे अपने ग्राहकों को प्लास्टिक की थैली की जगह कपड़े की थैली में सामान रखकर बेचें। मार्केट की अध्यक्षा श्रीमती रेणू ने सभी भाइयों के साथ मिलकर यह विश्वास दिलाया कि वे सम्पूर्ण द्वारा पर्यावरण की सुरक्षा हेतु चलाए जा रहे इस प्रकल्प में उनका पूर्ण सहयोग करेंगे। इस कार्यक्रम में मिजोरम

से आई नेत्री श्रीमती शारदा कुमारी ने भी सहयोग दिया। अंत में दोनों ने स्वयंसेवकों के साथ मिलकर दुकानदारों को निःशुल्क कपड़े के थैले वितरित किए।



डॉ शोभा विजेंद्र जी ने राष्ट्रीय महिला मोर्चा उपाध्यक्ष श्रीमती शारदा दीदी जी के साथ मार्केट में स्थित सभी दुकानों पर जाकर कपड़े से बने थैले वितरित किए।

29 SEPTEMBER – 01ND OCTOBER 2019

Sampurna Reaching Out To Other States With Its Cotton Bags Project – My Bag, My Pride

Founder President of Sampurna Dr Shobha Vijender with the General Secretary, Shashi Jain and Joint Secretary, Tanvi Grover went to Chandigarh, Bilaspur and Kalka in Himachal Pradesh. We had a series of public meetings in Chandigarh, Bilaspur and Kalka regarding Cotton Bags Project. The Lions Club and Chetna (NGO) arranged the meeting for us. In Bilaspur, Chetna - A civil society initiative headed by a social worker, Mallika Nadda organized the workshop. The title of the workshop was Environment Friendly initiatives. The two hours long session was taken by the team of Sampurna in a Temple in Bilaspur.

Dr Shobha Vijender and her team trained the volunteers of Chetna and a large number of women from the rural Bilaspur. They were told that how old and torn clothes could be recycled and unusable items could be made. The team of Sampurna displayed their bags, mobiles cover, tablecloths, table mats, Kitchen dusters, daris etc. While interacting with the team, the women said that they all knew stitching very well and they could make the stuff shown to them but the problem lies in the fact that they have no market to sell their items. Dr Shobha Vijender and Mallika Nadda both promised to do some networking for making them more skilled and to provide market for sale.

The meetings held in Chandigarh and Kalka were with the Housewives, self-employed, students and migrant laborers who also wanted to earn money. The team observed that there is an urgent need to support the women who want to do

something which could provide them earning to live their life happily. The five days tour to Punjab and Himachal was an eye opener for the team. The team realized that women of Chandigarh and Himachal Pradesh are better skilled than Delhi but they are not getting the markets to sell their handmade items.

29 SEPTEMBER 2019

On the invitation of the organization Chetna of Mallika Nadda ji, Sampurna sent three representatives to attend the programme namely - Dr Shobha Vijender, Founder President, Ms. Tanvi Grover and Smt Shashi Jain.

The delegation left for Chandigarh on 29th September and reached Bilaspur on 30 September.

In Bilaspur programme, Dr Shobha Vijender explained to the local women how recycling can help in earning money. She said that old clothes could be recycled into cotton bags, rugs, durries etc. and then can be sold in the markets in order to earn livelihood. After the programme, the representatives attended Durga Puja which is annually observed in the temple that Smt Mallika Nadda ji is devoted to. Hundreds of people were served food and then, various programmes for children were organized.

On the 30th, Dr Shobha Vijender observed the workings of Chetna NGO, appreciating the work being done by them. Afterwards, the delegation left for Chandigarh. A similar workshop was conducted in Chandigarh where many women beneficiaries appreciated the insight that was provided by Dr Shobha. However, they informed that though they can learn the skills necessary for recycling and earning, it can become quite tough to find a market to sell the goods.

After the programme, the representatives went back to Delhi the next day.

02 OCTOBER 2019

Birthday Of Mahatma Gandhi

To mark the Birthday of Mahatma Gandhi, Sampurna kept a huge function in Community Centre, Swastik Kunj, Sector-13, Rohini. The meeting was attended by a large number of residents and Nirmala Chahal, Treasurer of Sampurna, was the convener of the programme. Dr Shobha Vijender, Founder President was the Chief Guest in the programme. The theme of the function was to generate awareness among the residents to initiate healthy ways of living. Dr Shobha Vijender spoke in length to say no to plastic in daily routine and use cotton bag for carrying the things anywhere. She herself displayed different type of bags using waste material. She emphasized on water harvesting, Solar Paneling, Separating bins for dry and wet waste. She told the gathering that people living in the Co-operative societies should implement the environment friendly concept to bring out a positive change in the environment. Shashi Jain, the in-charge of cotton bags project answered the queries of the residents. In the end, tea and pakoras were served from the Management of the society.

04 OCTOBER 2019

माननीय प्रधानमंत्री श्री नरेन्द्र मोदी जी के आह्वान बैठक की झलकियाँ प्लास्टिक मुक्त भारत के अंतर्गत सम्पूर्णा द्वारा आयोजित बैठक 04 अक्टूबर 2019 को दिल्ली का उप नगर कहे जाने वाले रोहिणी स्थित सरस्वती ग्रुप हाउसिंग सोसायटी सेक्टर-9 में सम्पूर्णा संस्थापिका आदरणीय डॉ. शोभा विजेन्द्र जी की गरिमामयी अध्यक्षता में सम्पूर्णा की 'मेरा थैला-मेरा सम्मान' मुहिम के तहत सोसायटी निवासियों को जागरूक किया गया। सभी निवासियों ने इसमें भाग लिया। सभी ने संकल्प लिया कि हम आज से प्लास्टिक का बहिष्कार करके कपड़े के थैले को दैनिक प्रयोग में लाएंगे। बैठक के बाद सभी ने जलपान का लुत्फ उठाया।





07 OCTOBER - 11 OCTOBER, 2019

Sampurna is going to organize Khatu Shyam Baba Kirtan on 12th October in the premises of Sampurna. It was decided that to mobilize the devotees of Shyam Baba, one-week long Aarti programme has to begin from 07th October and go on till 11th October. A small temple was installed at the front gate of Sampurna where the statue of Shyam Baba was kept. The members of the management of Sampurna as well as the devotees used to gather in morning and evening for Shyam Baba Khatu Aarti in the temple. As soon as the Aarti finished, the devotees would be given Prasad in the cotton bags made by the self-help group of Sampurna. The Founder President of Sampurna Dr Shobha Vijender, with the team, had an idea that the concept of using the cotton bags could be brought into focus only through attaching the religious sentiments to it. Hence the Executive decided to distribute everyday Prasad into cotton bags made by recycling.

11 OCTOBER 2019

It is said that before the Kirtan of Shyam Baba Khatu, the entire aura is to be cleansed. Hence, Sampurna organized Nishan Yatra in which devotees carrying the flags of Shyam Baba Khatu singing and dancing covered 2.5 KM distance around the premises where the Kirtan had to take place. The entire team of Sampurna drowned in ecstasy. People joined us during the three hours long yatra. As a community-based organization, Sampurna has become the eminent part of the community it belongs to.

12 OCTOBER 2019

The entire Rohini was waiting for the evening when the Kirtan of Shyam Baba had to start. Around 5 o'clock devotees of Shyam Baba Khatu thronged the Maharana Pratap Community Center. A huge darbar of Shyam Baba Khatu was decorated with

flowers. The Management of Sampurna came in wearing red color dress code. The Kirtan started sharp 6 o'clock and had to end by 11:00 PM. Famous Bhajan singers were invited to grace the function.

The specialty of the programme was that all the devotees were served food in Banana leaves plates and they all sat down on the mother earth to eat the Prasad. Every devotee was given cotton bag to keep the fruit Prasad while going back to home.

12 OCTOBER, 2019

ASSOCIATE MEMBERS MEETING

Agenda of the Meeting:

1. Cotton Bags Project
2. Diwali Celebration
3. Discussion about the project
4. Any other subject with the permission of the Chairperson

Dr Shobha Vijender greeted the members as a large number of Associate Members came for the meeting and upcoming Diwali Festival Celebrations. All the staff members kept their views about the extension of their project.

Shashi Jain, Project Convener of cotton bags showed it practically as she brought small cotton bags full of chocolates to distribute among the children and beneficiaries of other projects at Sampurna. She told the members that she has designed kanjak bags for Ashtami (Hindu Festival) and her bags are very popular in Rohini.

The Group Housing Society Presidents have demanded such useable cotton bags for keeping *Prasad*. All the members congratulated her for her innovative initiative. She also told the members about her successful visit in Haryana, Chandigarh and Punjab where she went along with volunteers of Sampurna and gave training sessions to

stitch cotton bags. The NGOs where she trained the trainees were really impressed to see her sincere efforts by making bags out of rugs and unused clothes. Other projects are also wonders and all the staff members are maximizing their efforts to bring a change in the life of beneficiaries.

It was decided that a small function will be organized after the meeting to celebrate Diwali as it was occurring in the last week of these months.

The Associate members danced, sang and distributed sweets to the beneficiaries. Some of the beneficiaries also danced with the members. Musical chairs was kept for the staff members. This way, Diwali was celebrated and all of us had a delicious community lunch.

07 NOVEMBER 2019

Sampurna with the support of Govardhan Trust organized Mass marriages of girls belonging to the poor families of the society. It to be noted that for the last 25 years Sampurna has fixed every Monday to register eligible girls belonging to the poor family or girls who have been the victim of any crime, atrocity or abuse. Sampurna support the family and arranges the wedding of the girl. In the later years many trustworthy and likeminded people come to support Sampurna. In this change five girls are getting married today in a group and the management of Govardhan Trust and Sampurna are arranging for the pious ceremony to take place.

09 NOVEMBER 2019

ASSOCIATE MEMBERS MEETING

Agenda of the Meeting:

1. Picnic of the senior citizens
2. Cotton bags project

3. Registration of senior citizens for other welfare
4. Any other agenda with the permission of the chairperson

Founder President of Sampurna is always cheerful whenever she does anything for Sampurna. Today also she greeted the members with her inspirational smile and requested the convener of senior citizen project to find out any possibility to arrange a picnic. The Treasurer and Vice President immediately nodded that senior citizen want to visit Akshardham. Two conveners are assigned the job to arrange everything for the picnic. It is to be noted that Sampurna works very closely with police and therefore we have planned to enroll senior citizens who may need immediate support with police, having their telephone numbers and address in nearby police station. Hence, Sampurna has deputed Neeraj Sharma and Megha to enroll their senior citizens. Sampurna is working with senior citizens for the last 25 years. We are running Recreation Centre for senior citizens and we also do several programs/projects keeping in the view the welfare of our senior citizen and that is why Sampurna is every household name.

29 NOVEMBER 2019

Sampurna organized a sports fest in the DDA Sports Complex with the technical support of Swabhiman Sabha. Various events took place from morning 09:00 AM to evening 04:00PM including races and Kho-Kho, it was quite an interesting. Shri Vijender Gupta, Leader of Opposition, BJP and Shri Siddharthan, Sangathan Mantri BJP, were the Chief Guests.

14 DECEMBER 2019

ASSOCIATE MEMBERS MEETING

Agenda of the Meeting:

1. Self-defense course
2. Aadhar center in Sampurna
3. Discussion on compost pit in Sampurna
4. Regular meetings with senior citizens
5. Home visits
6. Any other issue with the permission of the chair

The president greeted the members and raised every point set in the agenda.

Sampurna has organized many self-defenses training camps regularly in Delhi for the last many years but now the nearby community does not show much interest in the training program. Asha Jain explained the point by saying that now, in every school, college, and institution, Delhi Police takes an initiative to run this project. Hence, nowadays, this is not required by the community as much as before. Dr Shobha Vijender further argued that Sampurna always keep community feast on girl's birth, gives self-defense training to girls and women, organizes seminar on crime against women, drawing competition, nukkad natak, women panchayat etc. Hence, it was decided that on 25th December, 2019 Sampurna would keep a massive drawing competition on Girl child. Everybody appreciated the idea. A team was formed for Drawing Competition on 25th December, 2019.

Smt Asha Jain informed the members that Aadhar Card Camp is being installed in the premises of Sampurna which would be beneficial to the numerous residents living in the vicinity.

The compost pit is covered by iron grill and the responsibility to cover the compost pit was given to Chanda and Vijay, the housekeepers.

Members wanted that staff should keep regular meetings with the senior citizens and they should go for home visit on regular basis. Afterwards, Tanvi Grover thanked all the members for their precious time.

Tea was served in the end.

11TH JANUARY, 2020 (ASSOCIATE MEMBERS MEETING)

Agenda of the Meeting:

1. Recreation center for senior citizen project
2. Discussion on cotton bags project
3. Discussion on mass marriages
4. Safai Abhiyan
5. Community lunch to be organized
6. Any other issue with the permission of the chair

Dr Shobha Vijender President greeted the members. This year she wished everyone health and wealth on the arrival of New Year 2020. We are meeting for the first time in 2020 and this year winter is breaking the past records. She said that it is a matter of great concern that poor people on road are not having the proper clothing. All the members immediately planned to distribute sweaters to the people on roads in and around Rohini.

The President told the associate members that the timing of recreation center should be changed from 9:30 a.m. to 11 a.m. keeping in view the biting cold. It was also finalized to keep our cultural programme on the eve of Lohri for senior citizens.

The Volunteers of Sampurna are going door-to-door in the Group Housing Societies of Rohini to motivate them to use cotton bag. The women are encouraged to hand over the old clothes to Sampurna and in exchange, free multipurpose cotton bags were distributed to them. This project is doing well under the leadership of Mrs. Shashi Jain. A team of volunteers is working in Delhi to speed this movement.

Dr Shobha told the members that Mrs. Mittal is running the mass marriages project for last many years where the poor girls are identified, supervised and then their marriage is arranged by Sampurna. This noble project comprises not only poor girls but the victims of crime, elderly couple, single women, widowed women are also provided a platform to get married.

Safai Abhiyan is a day-to-day activity. Dr Shobha gave a proposal to keep our community lunch but other members rejected the idea saying that due to such a chilly weather none would like to enjoy setting foot outside. Thus, the proposal for community lunch was postponed.

In the end, biscuits were served to the members.

05TH FEBRUARY, 2020 ASSOCIATE MEMBERS MEETING

Agenda for the Meeting:

1. To regulate the non-formal education project
2. To redo the compost project.
3. To discuss the encroachment near the center

4. Any other point with the permission of the chair

In the absence of the president, Dr Shobha Vijender, the Senior Vice President Smt Asha Jain chaired the meeting. She welcomed the associate members for their gracious presence with folded hands.

First of all, she raised the issue that more than 100 children are coming in the Non-Formal Education Project. The project is very close to the heart of the founder President but it is being observed that some of the teachers are not taking the attendance of the children regularly and sometimes they teach the children according to their own syllabus.

Hence, Asha Jain requested the Associate Members to take charge of the Project so that the Project could be supervised on the regular basis. The Senior Vice President told the members such a great service is being done by our teachers for the vulnerable section of the society but now we want that somebody from the management should come forward to supervise the project regularly.

The joint secretary, Ms. Tanvi Grover has been assigned the job to redo the Compost Plant. It has been observed that for last few months, the cleanliness of the plant is not being done properly. During the marriage time, people throw the garbage in the plant and due to this there is foul smell all over. So now onwards, the joint secretary would take care of the plant in close association with other members.

Asha Jain further raised the encroachment problem outside the center. According to her, tire puncture man along with a group of people had encroached the entire area. Even when the beneficiaries pass through the main gate, they feel quite unsafe as these people continuously stare at them. This is a serious problem. Asha Jain is

requested by other members to firstly talk to the person and tell them not to sit outside Sampurna. If he doesn't listen, then some Police support would be needed. In the end, tea was served to all.

14TH MARCH, 2020

ASSOCIATE MEMBERS MEETING

Agenda for the Meeting:

Keeping in view the precaution and following the appeal of Delhi Government, it was decided that due to corona virus, the meeting of associate members is cancelled by the Executive Body of Sampurna. A WhatsApp message has been sent to every Associate and Executive Member.

24 MARCH, 2020

"सम्पूर्ण"

बना "मास्क" बनाने की कार्यशाला

कोरोना वायरस के कारण देश में लगे लाकडाउन के पहले चरण में जब पूरी दिल्ली स्तब्ध थी और कोरोना महामारी के विषय में क्या करें और क्या ना करें, इसका भान तक ही नहीं था। ऐसे संकट के समय में दिल्ली में कोरोना वायरस के दिन-प्रतिदिन बढ़ते विकराल रूप को देखते हुए, इस महामारी को पराजित करने के लिए गत 24 मार्च से संपूर्ण के रजापुर केंद्र में हमारे स्वयंसेवकों ने मास्क बनाने का कार्य प्रारंभ किया। कोरोना के संकट काल में ये ठाना कि हर भारतीय के मुँह पर मास्क होगा। जो महिलाएं घरों में घरेलू सहायिका का कार्य करती थीं उन महिलाओं को अपने घर में बैठकर या सम्पूर्ण केंद्र रजापुर में आकर मास्क बनाने के लिए प्रेरित किया गया।



संपूर्ण कार्यशाला का चित्र

आज 37 बहनों द्वारा घर-घर में मास्क बनाने का अभियान संपूर्ण द्वारा चलाया जा रहा है। मास्क बनाने के लिए हर बहन को 5 रुपए प्रति मास्क दिया जा रहा है। हम हर रोज हजारों कपड़ों के मास्क बना रहे हैं। इससे उन बहनों को जो बेरोजगार हो गई थीं, मास्क बनाकर अपने परिवार का भरण पोषण करती हैं। आज रोहिणी के घर-घर में संपूर्ण का मास्क पहना जा रहा है।

संपूर्ण ने यह ठाना है
घर - घर मास्क बनाना है
हर भारतीय को पहनाना है"