



**SAMPURNA NGO**  
TOWARDS TOTAL DEVELOPMENT  
(A NON-GOVERNMENTAL ORGANISATION)

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**ANNUAL REPORT**

**(2020-21)**

**11 APRIL 2020**

**Associate Members Meeting**

Delhi like other parts of India is facing a fear psychosis of covid-19. India is under Lockdown and hence it was decided that we cancel the meeting physically. However, due to the Lockdown a huge number of migrant laborers are leaving Delhi. The situation is grim. People have no food to eat because they are not able to go out for work and staying back at home. They have no money. So, Sampurna with the help of local MLA and the councilors is running a program to feed the Needy. It has been running since 23rd March 2020 in the Razapur centre. The cooked food and the dry food kits are being distributed on every day basis, twice a day. Approximately 1000 people are coming to fetch the food. Similarly, mask making project is going on in full swing.

It is to be noted that Sampurna is Pioneer in making cotton bags in India. Our project is being appreciated by one and all. Now, keeping in view the importance of mask due to the spread of corona virus, the Executive

of Sampurna has taken the initiative to take mask making project to the ground level to help those who are jobless due to corona virus spread. A very dedicated team is working for implementing both the projects. The Executive of Sampurna is talking regularly to associate and staff members telephonically. God bless everyone.

## **15 APRIL 2020**

### **Sampurna's Plan To Serve The Community During The Covid 19 Pandemic**

The year 2020 has brought a new crisis, covid-19 globally. In the last virtual Executive Meeting, it was decided that the volunteers and members of Sampurna would not leave any stone unturned to help the people who are facing innumerable problems due to the spread of corona virus. With the blessings of God and support of donors from the community, the following projects started with full strength by Sampurna in Delhi:

- **Mask making project**
- **Distribution of Ration**
  - a) Cooked Food.
  - b) Dry Ration Kits.
- **Supporting the Senior Citizens through Recreation Centre for Senior Citizen.**

**Mask making Project** – Sampurna is pioneer in Delhi to start making masks since the beginning of the covid-19 in April 2020. First of all due to the lockdown when everybody was sitting back home, the volunteers of Sampurna collected the raw material and stitched the masks made at home. Later, with the increasing demand of masks it was decided open

the cutting and tailoring room of Sampurna. Shashi Jain, the coordinator is assigned the duty to run the project successfully keeping in view the best interest of the vulnerable section of the society. The interested and needy women are given the job work to make masks. It was decided that Rs 5/- will be given per mask to the women.

**Distribution of Ration** – The volunteers of Sampurna with the support of area MLA have been distributing ration and cooked food on daily basis since 23<sup>rd</sup> March 2020. On the emotional appeal made by our Prime Minister, Shri Narendra Modi ji, Sampurna decided to take care of things and make sure that no one in Rohini and its nearby places, goes to sleep without food.

Santosh Garg, with the entire team of volunteers, is heading this project.

**Supporting the Senior Citizens through Recreation Centre for Senior Citizen** – Sampurna has been running Recreation Center for Senior Citizens for the last 20 years. A huge number of senior citizens are associated with us and we try hard to support them in the crisis situation too. Since the Covid-19 virus is more infectious for Senior Citizens, the team of Sampurna is taking proactive initiatives and talking to every senior citizen registered in Recreation Center for Senior Citizens. They are helped according to their requirements by distributing dry ration, medicines, groceries etc. the volunteers of Sampurna are leaving the material at the door steps of senior citizens.

Psychological Counseling services are also being provided to them by the renowned social worker and psychologist through telephones.

Dr Shobha Vijender greeted the members of Sampurna. She blessed everyone with good health and high morale. As we are under lock down we must not lose hope and pray to God for protecting everyone from the deadly corona virus. So far, things seem to be under control as all of us are following the rules of lockdown.

Our Prime Minister Narendra Modi ji appeared on television and filled in us a sense of security and protection. Sampurna is rendering its services in full swing to cater to the needs of the people. Dr Shobha Vijender requested Tanvi Grover to brief the members about the support provided to the senior citizens under Recreation Centre for Senior Citizens. According to Tanvi Grover, during the lock down, the workers of Recreation Centre are continuously keeping a track of the listed Senior Citizens. They are contacted over phone and some of them are supplied dry ration. Senior Citizens of Razapur are provided cooked food every day. According to her, some of them are provided medicines if they are not able to get those medicines in their nearby chemist shops. One such senior citizen requested us to bring his medicines from his son's home in Paschim Vihar. Our volunteer went to Paschim Vihar to collect the medicines and handed it over to the concerned senior citizen. He was not only blessing the volunteer of Sampurna but was assured that he would never leave coming to Recreation Centre for Senior Citizens.

Mrs Pooja Goyal, counselor of FCC, reported that she is in close contact with her clients. According to her, she is also reporting everyday on the WhatsApp created by Delhi Commission for Women. So, that project is going very well even in lockdown as both the counselors feel that their services are required more these days.

Cosmetology is another project where classes are given to the students virtually. However, the teacher is requested to keep in contact with the office of Directorate of Training & Technical Education for knowing the further procedure to give the examination.

Another Executive member Shashi Jain reported about her mask making project. She has added more women in mask making project.

In the end, Dr Shobha Vijender thanked everyone and told them to be happy and to serve the neighborhood first and fight the covid-19 virus with patience keeping the precautions in mind.

Those who participated in the zoom meeting are as follows:

Dr Shobha Vijender, Shashi Jain, Tanvi Grover, Purnima, Nirmala Chahal, Archana Tyagi, Taruna Kataria, Lochan Gupta, Anand Dahiya, Anchal Dahiya, Madhu Malti, Pooja Goyal, Jaya Gosh, Chitra Aggarwal, Pankaj Gupta, Asha Jain and Smita Kaushik.

13 JUNE 2020 Zoom Associate Members Meeting

Dr Shobha Vijender convened the associate members meeting. Members participated with a heavy heart as some of our very close people lost their lives due to the coronavirus. Firstly, two-minute silence was observed to pay our heartfelt condolences to the departed souls.

Later Dr Shobha Vijender informed the members about a few points:

1. Cooked and dry ration project is to be continued
2. Mask making project needs more awareness in the public

3. Senior citizens of Recreation Centre are to be associated with Delhi Police program

Elections were late due to the pandemic hence it has been decided by the executive body that same team is to be repeated for the year 2020-21. Every executive member has given his/her consent for the same. Keeping in view the threatening situation of coronavirus in Delhi, it has been decided that Sampurna would follow the guidelines given by central and state government. We would continue meetings through zoom and all our training programs would be continued through zoom only.

In the end, Ms Tanvi gave a warm 'thank you' to all and prayed to God to protect everyone from coronavirus.

The meeting came to an end.

Following members participated in the meeting:

Tanvi, Asha Jain, Dr Shobha Vijender, Shashi Jain, Shyama, Nirmala Chahal, Chitra Agarwal, Smita Kaushik, Pankaj Gupta, Madhu Das, Jaya Ghosh, Puja Goel, Ankit, Goldy Sharma and Jaya Ghosh.

**11 JULY 2020** **Zoom Associate Members Meeting**

Dr Shobha Vijender, Founder President, greeted the members. The number of members who joined the zoom meeting was quite less as some of the members could not join the meeting due to network problems.

Dr Shobha appreciated the efforts of Tanvi Grover for arranging zoom meeting for the associate members. She appreciated the services given to the needy people by serving rations to the entire Rohini assembly. It is important to mention that Sampurna is distributing ration since enactment of lockdown with the local MLA and councilors. The cooked and dry ration

is being provided on daily basis. Mass distribution of cooked food is being done by our volunteers. This is how Sampurna is working in the entire lockdown period. Some of the members of Sampurna are even putting in 10 hours a day to help the migrant and poor section of the society.

The meeting ended with the song - इतनी शक्ति हमें देना दाता, मन का विश्वास कमजोर हो ना.

**14 AUGUST 2020**      **Zoom Associate Members Meeting**

Mrs Asha Jain presided over the meeting. The second Saturday meeting was preponed to 14<sup>th</sup> August, Friday due to the Independence Day on 15<sup>th</sup> August.

She started the meeting by greeting the members by sloganneering **Bharat Mata Ki Jai**. Every member responded by repeating the same. All the members expressed their satisfaction over distribution of ration for such a long time. Smt Asha Jain informed the members that on the eve of Independence Day, *kheer* is to be added to the food to be served in the centre. All the members applauded to show their commitment and solidarity for the cause.

The members were informed about mask making project. Smt Shashi Jain presented a small report on mask making project. The members congratulated and praised Shashi Jain and her vibrant team for their laborious work.

Following members attended the meeting: Shashi Jain, Santosh Garg, Indu Sharma, Mahima, Taruna Kataria, Shivam Chhonkar, Asha Jain.

11 SEPTEMBER 2020

## ***‘Covid-19 And Its Side Effects On Women’s Socio – Economic Condition’ Discussion in Virtual Meeting***

A zoom meeting was attended by Dr Shobha Vijender on behalf of Sampurna on the subject – Covid-19 and its side effects on Women’s socio – economic condition. The other speakers were Ms Madhu Kistwar, renowned Social Activist and writer. The chief speaker was Dr Sunita Reddy. She was the mind behind arranging this virtual meeting. More than 30 renowned social activists and workers were present. They were deeply touched to know the disturbing psycho-social conditions of women during the covid-19 outbreak. The young women are facing unprecedented situation working at home for long hours. It is difficult for them to work as they are not getting any support from other family members in household chores. They are also disturbed worrying about the risk of losing their jobs. The idea behind to arrange this virtual meeting is to build a network among the social welfare organization to support working women socially and psychologically.

**12 SEPTEMBER 2020**      **Associate Members Meeting**

The associate members meeting took place without the founder president Dr Shobha Vijender. Her father Chaman Prakash Gautam ji who was the chairperson of recreation centre for senior citizens, succumbed to Covid and passed away on 8<sup>th</sup> September 2020. All the members observed silence for two minutes and then Gayatri mantra was sung in group. Mrs Asha Jain read a note of condolence on behalf of entire Sampurna family.

Afterwards, a few important points were discussed. It was decided by the entire team that projects relating to children would not be started before December 2020.

The mask making project of Sampurna would be continued as the need of the hour. Sampurna is distributing masks to the needy without charging anything and rupees 10 is being charged where somebody wants to buy our masks. Shashi Jain is leading this successful project of Sampurna.

All our other projects are also widely appreciated by one and all.

## **10 OCTOBER 2020**

### **Executive Body Meet To Nominate The New Executive Team**

The Elections for the year (2020-21) were held at the residence of founder president Dr Shobha Vijender. Due to Covid-19, the elections could not take place in the month of April 2020. Dr Shobha proposed Smt Asha Jain as the working president; she was nominated without any opposition. In the same manner, the general secretaries and other post holders were nominated and decided unanimously. So, the New Executive Body (2020-21) is as follows:

<b>Working President</b>	:	Smt Asha Jain
<b>General Secretary</b>	:	Taruna Kataria, Shashi Jain
<b>Vice President</b>	:	Chitra Agarwal, Anand Dahiya, Pradeep
		Dingliwal
<b>Joint Secretary</b>	:	Tanvi Grover, Dhermender Suri
<b>Treasurer</b>	:	Nirmala Chahal
<b>Executive Members</b>	:	Dr Rajiv Gupta, Madhu Dass, Santosh Udaipuria, Santosh Garg, Lochan Gupta, Mansi Gupta, Pradeep Ahuja, Bimla Goel, Anchal, Indu Sharma,

Dharminder Suri, Piyush, Sanjog,  
Pankaj Gupta.

Following committees were also formed:

1. Associate / Executive Committee	:	Convenor Nirmala Chahal
2. Basic Cosmetology Committee	:	Convenor Anchal Dahiya
3. Principal (ITI, Basic Cosmetology)	:	Indu Sharma
4. Main Sampurna Records & Day to Day work	:	Tanvi Grover
5. Functions/Programme Committee	:	Shashi Jain
6. Community Center Incharge	:	Pankaj Gupta
7. Legal Administration	:	Shashi, Dharminder Suri, Pradeep Ahuja
8. Staff In-charge	:	Asha Jain

Following members participated in the meeting:

Dr Shobha Vijender, Taruna Kataria, Aarti, Divya Verma, Jyoti Verma, Anju, Smita Kaushik, Pratima Chadha, Pankaj Gupta, Anchal Dahiya, Shashi Jain and Nirmala Chahal.

**14 OCTOBER 2020**

### **Sampurna Prepares For Navratri With Cotton Bags**

Dr Shobha Vijender kept a meeting with the staff and members of the Executive Committee of Sampurna to plan making small cotton bags for the coming Navratri Kanjak auspicious ceremony in every household. As we all know kanjak as an auspicious pooja is being done in every household in India. It is to be noted that in the previous year during the

Navratra festival days, every house had a Puja bag made by Sampurna. Smt Shashi Jain, convener of cotton bags projects, assured the Founder President that this time too, she would not leave any stone unturned to make this project known in every household. She promised to make matching masks with the cotton bag. Smt Nirmala Chahal, Treasurer, appreciated the idea and it was decided that Sampurna would make Puja Bag with matching masks.

## 1 NOVEMBER 2020

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## **2 NOVEMBER 2020**

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## 7 NOVEMBER 2020

### **Executive Body & Associate Members Meeting**

Agenda:

1. To discuss about new centre in Trans Yamuna
2. To restart some of the Projects for children and women
3. To take the associate membership
4. To celebrate Diwali with people from the economically weaker section
5. Any other agenda with the permission of the chair

The meeting was chaired by the Founder President of Sampurna Dr Shobha Vijender. The meeting was held outside under the sun. All the members firstly sung the song of Sampurna: *Itni Shakti Hamen Dena Data.*

Dr Shobha Vijender informed the members that along with other executive members she had finalized the venue for new centre in Trans Yamuna Madhu Vihar. Due to the continuous demand from the local people to start the service of Sampurna there, the decision had been made. Trans Yamuna is densely populated area where majority of the people belong to a humble economic background. Hence it is decided to begin a new centre there with the following projects:

1. Cutting and tailoring,
2. Cosmetology
3. Family Counseling
4. Mask Making

All the members appreciated the idea and it was decided that on 13th November 2020 it would be inaugurated formally by the honorable Mayor Nirmala Jain. All the members were not ready to restart the project of Sampurna for children and women too due to Corona as well as pollution in Delhi. People were at unrest and for children it is a more vulnerable situation. Hence it was decided that no classes should be held before January 2021 especially for children and women. Dr Shobha Vijender was told by Taruna Kataria that due to covid-19 pandemic, number of associate members this year is quite less. She asked what criteria should be followed if somebody requested for membership.

Keeping in view the covid-19 virus globally, it was decided that this year, we should open the associate membership of Sampurna.

All the members appreciated the mask making project of Sampurna. It is noteworthy that many women were able to earn their livelihood by making

masks in Sampurna. Every Thursday, Sampurna gives free training to beneficiaries for making masks. This project is a need of the hour and it has proven to be a big hit.

In the end Taruna Kataria gave a warm *thank you* to everyone for their active participation in the meeting.

**12 DECEMBER 2020**

**Associate Members Meeting**

Agenda:

1. Madhu Vihar centre progress
2. Decision to open up other projects
3. Awareness programs
4. Any other issue with the permission of the president

Dr Shobha Vijender, Founder President, in her welcome speech, thanked the members to come in such a good number after a long time after covid-19 pandemic. She prayed to the Almighty that the end of year 2020 may be the end of pandemic. All members prayed to God to be kind and to end the covid-19 pandemic in India and across the world. Dr Shobha, in her remarks, told the members that the centre situated in Madhu Vihar is doing a wonderful job and more than 50 beneficiaries are coming in beautician and cutting and tailoring course. The land lady of the centre there is also very happy about the projects going on for the benefit of the adolescent girls and women. The entire community is thankful to the services provided by Sampurna in the centre as no volunteers have ever been seen in the area according to her. All members appreciated this effort.

Then Smt Shashi Jain and Asha Jain, who look after the projects in Rohini centres, discussed about their projects. They said that a good number of girls and women have started coming in the centre. Some of the projects including counselling and supportive services, skill development projects, distribution of ration, Recreation Centre for Senior Citizens, awareness generation programmes and awareness campaign about covid19 were all going speedily. However, the projects relating to children could not be started. Nirmala Chahal, Treasurer also supported the issue. She said that schools in Delhi have not opened up because teachers and parents both are still in fear about covid-19 infections and dreadful effects. Hence, Sampurna should not open regular children's activities. Mask making, according to Shashi ji, is a bit slow these days as they have a lot of stressed and unstressed material available. People are not coming in such a good number as they were coming before. Dr Shobha made another announcement that due to covid-19 a long tradition of having lunch or tea together would not take place.

**9 JANUARY 2020**

**Associate Members Meeting**

Agenda:

1. Account to be settled with CA
2. Awareness program in cooperative societies
3. Any other point with the permission of the chair

Smt. Asha Jain, Senior Vice President welcomed the members. She informed the members that Dr Shobha Vijender is out of Delhi, so she would not be able to join.

Many executive members also didn't join the meeting and therefore showed their inability to Asha Jain. Asha Jain who is the person

responsible for maintaining accounts of Sampurna, informed the members that Rupesh Jain is requested to come regularly to settle the accounts of staff.

She informed that during the month of January many awareness generation programs would be arranged while following all the precautions. The agenda would be to aware the masses about using the face masks of Sampurna as we know the beneficiaries of self help group are making mask so there is a need of marketing of ready masks lying in Sampurna. It was decided that all the members would arrange the meeting near their residence. Shashi Jain is responsible for running this project smoothly.

In the end, we gave a vote of thanks.

## **18 JANUARY 2020**

### **Sampurna Encourages Use Of Cotton Bags For Protecting The Environment**

A series of meetings starting sharp 10 am took place in the Group Housing Societies - Farmer, Bharat, Attam Vallabh and Printer Apartments regarding the promotion of cotton bags and mask. It is to be noted that Sampurna has been pioneer in making the mask at the very onset of spread of covid-19. According to the protocol to be followed to protect the covid-19, the govt is also running a campaign to mask everyone. Hence, Sampurna is going to the communities spreading the message to wear the mask 24x7. The area counselor, Smt Chitra Agrawal who is also the member of Sampurna is running the campaign since April 2020. She

accompanied the volunteers while addressing the residents. Dr Shobha Vijender was also the part of the campaign. The message was to use mask and green the neighborhood as a soldier to protect the environment. Sampurna has restarted its awareness campaign after 6 months regarding recycling of clothes by making hand bags. This was also conveyed to the gathering.

## **29 JANUARY 2020**

### **Awareness Campaign For The Beneficiaries Following The New Covid Norms**

Sampurna runs family counseling center, recreation center for senior citizens and other community-based projects. The number of beneficiaries was lean during the covid-19 times. It was observed that the number of cases during the 9 months (April – December 2020) registered in various streams was also low. Hence, the Executive of Sampurna has decided to organize awareness campaign for the beneficiaries to come out from their homes following the new covid norms to live the normal life. Today, the beneficiaries of Recreation center, FCC, cutting and tailoring course, beautician course as well as mask making unit beneficiaries were invited to Sampurna to an informal chit chat. More than 75 people came who sat in the open area of Sampurna. Dr Shobha Vijender talked to the beneficiaries and assured them that Sampurna is with them in the normal and crisis situation as they are with them for the last 30 years. Dr S. L. Sagar and Arya Muni in their small speech appreciated the efforts of Sampurna during the covid times.

## **31 JANUARY 2020**

## **A Program In Royal Arch Banquet To Appreciate And Award The Brave And Dedicated Souls Who Collaborated With Sampurna To Support The Community During The Pandemic**

Sampurna worked tirelessly for the people of Delhi during the covid times. Everyday cooked meal is being served to more than 1000 people since April 2020. A number of philanthropists are supporting the organization in doing their service to the people. The Executive of Sampurna has decided to appreciate and certify those divine souls for their contributions. Hence, a program was organized in Royal Arch Banquet situated in Alipur, North West Delhi. Padamshree Jitendra Singh Shunty was the chief guest of the programme. More than 100 people were awarded certificates of appreciation which includes doctors, donors, sponsors and social workers who supported us in our social welfare activities during the pandemic. Sampurna has the privilege to become an organization which could render its services to the needy, senior citizens and other beneficiaries during covid times. The area MLA Vijender Gupta and local counselor Alok Sharma and Chitra Agarwal were also felicitated in the program for their invaluable support.

### **2 FEBRUARY 2020**

## **A Promotional Meeting For Masks In Jamuna And Jay Apartments**

Sampurna has been at the forefront of making and distributing masks during the Covid-19 pandemic. Numerous women were involved in the making of masks and many people turned to Sampurna to meet the mask

demand during onset. Sampurna has distributed as much as 1000 masks per individual who came to buy masks for personal use as well as for the purpose of distributing them in the society.

Sampurna also has been focused on making a green and clean environment and with the help of cutting and tailoring center, Sampurna has also been recycling old clothes and making them into usable cotton bags.

Regarding these initiatives which are the need of the hour, Sampurna decided to carry out a promotional meeting in Jamuna and Jay Apartments.

## **04 FEBRUARY 2020**

### **Skill Development Session In Madhu Vihar Center**

As it is known by everyone, Sampurna renders skilling projects at community level in Delhi. The Madhu Vihar center of Sampurna is also doing well in adding beneficiaries in community-based services. The coordinator of Madhu Vihar center, Kausar Jahan requested to keep a session on skill development. Dr Shobha Vijender and Smt Shashi Jain took the sessions. Dr Shobha Vijender focused on personality development, saying that whether the beneficiary learned cutting and tailoring, cosmetology or other skill development course, it would not amount to a lot if they are not able to reach out to their clients with confidence and hold a good conversation.

Smt Shashi Jain emphasized on the importance of learning skills as a means of development being in charge of various projects like mask making, cotton bags making etc. she further conveyed to the beneficiaries that our prime minister Shri Narendra Modi always emphasizes on

learning the skills by girls to become self-sufficient and Sampurna is also spreading the same through the learning centers.

A vote of thanks was given by Kausar Jahan in the end.

## **4 FEBRUARY 2020**

### **Sampurna's Contributions In Rebuilding The Ram Mandir**

Sampurna is a non-government social welfare organization, always working for protecting the social values and cultural heritage of India. Lord Rama is a symbol of our cultural identity. Sampurna has been associated to the building of Ram Temple since the year 1990 with its meagre strength. Now, the temple is being rebuilt in its complete divinity and royalty. The Executive of Sampurna has decided to support the cause of Shri Ram Mandir. The Executive has further planned to devote 24 hours for the next 10 days to keep the meetings and collect the money for rebuilding the Ram Temple. To make it more impressive, Sampurna has built a small temple in the tent outside the premises of Sampurna to make the people of Rohini aware about the campaign of rebuilding of the temple of Lord Rama.

The morning and evening aarti was also done for 10 days.

## **14 FEBRUARY 2020**

### **Conclusion Of The Fundraiser For Rebuilding Ram Mandir**

An impressive program was organized as the conclusion of the money collection that was done for 10 days for rebuilding the temple of Lord Rama. The chief guest Shri Alok Kumar Ji President of Vishwa Hindu

Parishad, was impressed and touched due to the fact that an NGO was deeply dedicated to the Mandir and was able to collect lakhs of rupees to contribute to the rebuilding efforts. The program started at 10 am and beautiful bhajan kirtan took place. At 2 pm, when it finished, lunch was served to the attendees following the covid 19 protocols for protection.

## **23 FEBRUARY 2020**

### **Plantation Drive In Sampurna**

Sampurna has done many projects in the past years which focus on environment and cleanliness. Plantation drives have been a nodal feature of Sampurna. Sampurna organizes such drives frequently. This time, a plantation drive was organized in the premises of Sampurna.

The environment lover Ashu Kheda ji, who is the convener of Environment Project of Sampurna is a proactive volunteer. She herself initiates projects which are to benefit the larger population.

Sampurna has a big open area where Ashu Kheda ji organised the drive. She especially bought medicinal plants all the way from Jaipur, Rajasthan to Rohini, Delhi to be planted in Sampurna Razapur center.

The volunteers of Sampurna gathered in a large number and planted the saplings.

This effort done by Sampurna and its team was especially for the people like Manish Singhal ji who had lost their loved ones during the onset of the deadly covid-19 pandemic. Sampurna stands strong with the bereaved and is willing to aid them during a difficult time in life.

## **28 FEBRUARY TO 02<sup>ND</sup> MARCH 2020**

## **A Trip To Haridwar For The Members Of Recreation Center For Senior Citizens**

For the last one year the senior citizens registered under recreation center for senior citizens are making a request to arrange some program of excursion outside Delhi. Some of them want to go to some religious places hence the committee of Sampurna decided to arrange a program to visit Haridwar, a holy place of all faiths and sects in Hindu religion. Everybody agreed on that and buses were arranged for transportation. As the bus could carry 60 members, it was decided to keep the number of members restricted to 30 only so that the protocol of covid19 could be followed. It was a wonderful trip. Some of the 5 young members, relatively younger members joined the tour to support the senior citizens. A dharmshala was booked for 2 nights and 1 one day. On the way, the members sang bhajans and enjoyed the journey. *Snan* in the holy river Ganga was done on the next day, following which the members attended evening arti at the temple.

It was a beautiful trip, filled with spiritual and devotional wonder. The members appreciated this trip and thanked Sampurna for organizing everything.

**27 MARCH 2020**

## **Poem Recitation Competition Organized For Senior Citizens**

The poem recitation programme was kept in the premises of Sampurna for the Senior Citizens under the aegis of Recreation Centre for Senior Citizens. The Senior Citizens registered in our Recreation Centre for Senior Citizens are generally motivated to showcase their creativity in

different forms. It is observed that most of the Senior Citizens have the inclination towards poems/ songs/ bhajans. Unfortunately, due to the sudden increase in the number of covid cases, it was decided that the volunteers of Sampurna would go to the participants house, follow the safety precautions and recorded their poems on video. The management of Sampurna had to take the decision as it was announced by the Govt. of Delhi to not have more than 5 people present at one place. There were 15 participants' home to be visited. the volunteer of Sampurna visited and recorded their poems. After watching the video-graphed poem recitation by the senior citizens, our 3-member committee of Sampurna awarded them first, second and third. However, all the senior citizens who participated were presented with beautiful shawls, books and other gifts to encourage them to continue being artistic.